

# *Heart of Brazil Tour Itinerary*

*Although this is our regular schedule, it may need to be modified according to weather and seasonal conditions, in order to fit everything in. Please use it only as a rough guide*

## **Stage 1 – Rio**

### **Day 1          The Brazilian Coast**

- Arrive at Rio international airport; and greeted by tour coordinator
- Escorted to Sheraton hotel; orientation
- Lunch (own preference)
- Rest, beach, swimming, sunbathing, etc
- Dinner (own preference)
- Stay overnight at Rio Sheraton hotel

### **Day 2          Rio Tour**

- Corcovado Mountain trip - Christ The Redeemer
- Lunch
- Cable car to Sugar Loaf Mountain trip
- Dinner (own preference)
- Samba experience (*Be prepared to join in ;-)*)
- Stay overnight at Rio Sheraton hotel

### **Day 3          Tropical Island Tour**

- Tropical island tour, by schooner (full day)
- Dinner
- Stay overnight at Rio Sheraton hotel

## **Stage 2 – Bonito**

### **Day 4      Into the Interior**

- Visit Rio's Botanical Gardens, beach or explore
- Leave Rio (Santos Dumont) by plane (JJ3937) to Campo Grande (15.15 - 17.39)
- 300km overland journey to Bonito
- Dinner
- Stay overnight at Pousada Olho d'Agua Hotel

### **Day 5      Into the earth below**

- Explore Blue Lake cavern
- Lunch
- River rafting down Rio Formosa
- Dinner (own preference)
- Stay overnight at Pousada Olho d'Agua Hotel

### **Day 6      Under the surface**

- Floating down-river at Sucuri river resort
- Lunch
- Cross-country horse riding, quad biking, or relaxing by the natural water bathing pool
- Jibóia (boa constrictor) exhibition
- Dinner (own preference)
- Stay overnight at Pousada Olho d'Agua Hotel

## **Stage 3 – The Pantanal**

### **Day 7      Walking with butterflies**

- Drive to Boca de Onça at Bodoquena
- Forest and waterfall trek and bathe
- Optional mountain climb, overlooking the river valley
- Lunch
- Drive to Caiman Ecological Resort
- Dinner
- Introduction to the Pantanal (slide show under the stars)
- Stay overnight at Caiman Ecological Resort

### **Day 8      The Pantanal**

- Riverboat adventure
- Lunch
- Wild animal observation by day
- Pantanal forest trek
- Dinner
- Night safari
- Stay overnight at Caiman Ecological Resort

### **Day 9      Canoes and Caimans**

- Canoeing to reptile area
- Lunch in Miranda town
- Drive to Campo Grande
- Leave by plane (JJ3805) for Iguaçu (18:45 - 01:35)
- Stay overnight at Continental Hotel

## Stage 4 – Iguazu

### Day 10      The Falls

- Iguazu Falls, from Brazil
- Lunch at freshwater fish restaurant
- Visit common border of Brazil, Argentina and Paraguay
- Visit Iguacu's endangered species bird sanctuary
- Explore Iguazu city by night
- Dinner (own preference)
- Stay overnight at Continental Hotel

### Day 11      Grand finale

- Iguazu Falls, from Argentina (*passports needed!*)
- Walk the Upper Circuit, for panoramic views of the Falls
- Train journey to the 'Devil's Throat'
- Lunch in Argentina
- Walk the Lower Circuit, for close up views of the Falls
- Powerboat trip into the Falls (*expect to get soaked!*)
- Back to hotel
- Dinner and entertainment
- Stay overnight at Continental Hotel

### Day 12      Farewells

- Leave for Rio or Sao Paulo by plane  
(\*Iguacu to Rio (GIG): 09:50 - 11:45, or 16:30 - 18:30)  
(\*Iguacu to SP (GRU): 06:25 - 08:00, or 13:30 - 15:00)
- Return flight home, from Rio or Sao Paulo

\* *These times are recommendations only, and must be worked out by your travel agent, in conjunction with your international return flight*